

Horseheads Middle School June 2018

Explore Empower Excel

Wednesday, 6/6

NJHS Ceremony

HS Aud. - 7:00pm

Monday, 6/11

8th Grade Awards

HS Aud. - 7:00pm

Tuesday, 6/12

Regents Algebra Exam

8th Grade Algebra 1 Students

Friday, 6/15

8th Grade Farewell

1:00pm

Tuesday, 6/19

1/2 Day

Final Exams

Wednesday, 6/20

1/2 Day

Final Exams

Last Day of School!

Thursday, 6/21

Marking Period Ends

Makeup Exam Day

Friday, 6/29

Report Cards mailed

D-Day: The Beginning of the End of WW II

Before you head out on your summer adventures, take some time to reflect on the sacrifice of our soldiers, sailors, pilots and paratroopers who made the biggest sacrifice of all on June 6, 1944: D-day.

General Dwight D. Eisenhower (who would later become our 34th president), commanded the Allied Troops (U.S., Britain and Canada) in Operation Overlord and stormed the beaches of Normandy, France.



By the end of August, 1944, Paris was liberated and Nazi Germany was driven out of western Europe. The Allies continued their march to Germany, to meet with Soviet troops coming in from the east.

On May 8 of 1945, the Allies would accept Nazi Germany's unconditional surrender.



**Have a great summer,
the Raider Way!**



Budget Passes - Thank You Voters!

The results from the May 15 Budget Vote are in!

School Budget passed by a 76% margin.

School Budget: Yes 719; No 241

Bus Purchases: Yes 744; No 220

Three candidates for School Board:

Kristine Dale: 791

Doug Johnson: 726

Tyler Pribulick: 690

Thank you to all who voted!

**THANKS
FOR VOTING!**

PLAY BALL!



In 2015, voters approved construction of a new softball field at our Middle/Intermediate school complex. The district had sold the Broad St. facility, where the former field was located. On May 10, the team played their first game on the field, a win against Binghamton.

The art department would like to thank the National Junior Honor Society for sponsoring the purchase of two new student artworks. They are currently on display across from the Guidance Office and will remain here in the HMS hallway.

Congratulations go to:

Joy Shen and Ariana Miller



New York State requires that all public school students have a physical when they enter grades pre-k, kindergarten, 1, 3, 5, 7, 9, and 11. If you have questions, please contact our school nurse, Ms. Cobb, at (607) 739-6357 ext. 3653



Character Trait of the Month

Caring

Show you care about others through kindness, caring, sharing and compassion. Live by the Golden Rule. Help others. Don't be selfish. Don't be mean, cruel or insensitive to other's feelings.



SOME PHYSICAL EFFECTS OF TECHNOLOGY OVERUSE

CARPAL TUNNEL SYNDROME
NECK OR BACK PAIN
TENDONITIS/TENNIS ELBOW
EYESTRAIN/FATIGUE
HEADACHES/BLURRED VISION
DIZZYNESS/VR SICKNESS
REPETITIVE STRESS INJURY
DIFFICULTY CONCENTRATING
CONFUSION/DISTRACTION
LETHARGY/OBESITY

Source: <http://www.digitalresponsibility.org/health-and-technology/>

If you're like most people, you and your student may use multiple digital devices everyday. But what about digital etiquette? Not to mention the physical aspect of overuse of our devices?

DOCTOR DIGITAL is here to help! *Digital Citizen News*, a publication of BOCES, offers tips and news to help us navigate the digital world.

On our website, click on "departments", then "technology" to see more issues of *Digital Citizen News*.

Reprinted with permission from Digital Citizen News.

HOW DO YOU KNOW IF YOU ARE OUT OF BALANCE WITH SOCIAL MEDIA?

Ask yourself these questions ...

- Do you sleep with your phone?
- Do you text others while having face-to-face conversations?
- Do you check your phone ... during class? during meetings? while watching TV or a movie?
- Does your phone control you?

Source: <http://centerpointcounseling.org/helping-kids-strike-balance-life-social-media/>



Some Tips for Maintaining Good Digital Health

1. Know and honor your values in how you act online and offline.
2. Think about protecting your privacy and the privacy of others.
3. Understand that it is hard to be anonymous online, and understand how sites use your information.
4. Learn how to evaluate the digital content that you view.
5. Take care of your digital footprint and reputation.
6. Learn how to take breaks from technology and social media.

Source: <https://mediatechparenting.net/2015/05/06/10-digital-wellness-recommendations/>



Checking your student's grades on Parent Portal? The URL for a computer browser is:

<https://schooltool.horseheadsdistrict.com>

The URL for the mobile app is:

<https://schooltool.horseheadsdistrict.com/sthhweb>

To report a concern, rumor, bullying incident, or any safety issue in our schools anonymously and confidentially, 24 hours a day, call the Horseheads Central School District Safe Schools Line at 795-2044 or 1-800-305-4984.

To report child abuse or neglect, contact the New York State Office of Children and Family Services: 1-800-342-3720 or <http://ocfs.ny.gov/main/cps/>



Important Contact Information

Safe Schools Hotline - 607-795-2044

Middle School Phone Number - 607-739-6357

Middle School Website - <http://www.horseheadsdistrict.com/HHMS.cfm>

Horseheads District Phone Number - 607-739-5601

Horseheads District Website - <http://www.horseheadsdistrict.com/index.cfm>

Athletic Office Phone Number - 607-739-5601 x4254

Athletic Office Website - <http://www.horseheadsdistrict.com/athletics.cfm>

EMOTIONAL HEALTH SCREENINGS AVAILABLE FOR ALL CHEMUNG COUNTY YOUTH, AGES 4-21

It is important to regularly check on your child's emotional health. A child who does not feel well emotionally can become physically sick; physical illness can affect emotional health. In any event, it is more difficult for a child who does not feel well to be interested in going to school or succeeding in school. When emotional health concerns are dealt with early, we can help young people get the most out of their education and lead happy, productive lives.

Good emotional health leads to:

Good Relationships
Good Decisions
Ability to deal with life's challenges
Interest in school
Improved physical health

Emotional Health Issues can affect:

School Performance
Physical Health
Personal Relationships
Actions toward others

Completing an emotional health screening is a simple effective way to look at a child's emotional development. To participate in the screening, it is necessary to complete a consent form and the emotional health screening form for your child.

Forms are available on the School District website; www.horseheadsdistrict.com., under **More Information.**

For additional information please contact;
Marilyn Cristofaro, Community Mental Health Program Coordinator, at Family Services of Chemung County, 607-733-2820 ext. 124

ONE CALL CAN MAKE A DIFFERENCE

*SCHOOL NURSES NEEDED
ELEMENTARY LEVEL
2 POSITIONS AVAILABLE*

*CONTACT
HUMAN RESOURCES
739-5601 EXT. 4212*





National Junior Honor Society

Inducts New Members

MacKenzie Barlow

Meadow Barr

Mary Benjamin

Maxwell Berman

Nikolaos Beschler

Isaiah Blakemore

Kienan Blitz

Leah Burden

Tatiana R. Byrd

Nina Calabria

Jessica Campbell

Anna Cantando

Ariana Chatlani

Alex Chrisman

Cullin Cole

Tatiana Copp

Teagan Crum

Julianna Day

Jane DeGuire

McKenzie C. Denson

Isabelle Drake

Matt Eames

Garrett Elston

Austin Fairbanks

Riley Jennifer Fesetch

Jacob Fifield

Gianni Fiorini

Mia G. Foster

Ashley Friend

Isabelle R. Giammichele

Nathan Gillette

Shelby Gush

Jackson Holloway

Trevor Howard

Hailey Hubbard

Sarah Hunt

Samantha Huss

Ryan Janeski

Sulemaun Javed

Alexander Johanson

Macy Karpowich

Maddison Kelley

Riley Kent

Cole Koratsis

Jayliann Kravec

Jennifer Krukow

Anu Kudva

Martha Lemak

Brody W. Liddy

Genevieve Marino

Benjamin Massengale

Ryan Massengale

Makenzie Matthews

Evan Mauter

Brielle May

Brody May

Seth McKee

Sophia McMaster

Tamara Mendez

Connor Miley

Hannah Miller

Avery Millspaugh

Mackenzie Minor

Katie Lynn Morse

Cameron Munson

Kyleigh Marie Murray

Samantha Oakes

Makenna Ostrander

Jaylin Elise Peabody

Rebecca Peng

Grace Perritt

Brooke Perry

Gavin Perry

Sara Peterson

Gabriella Plaskie

Thomas Rahr

Marianna T. Reidy

Makayla Rosettie

Mario Ruggiero

Ian Ruhmel

Kendell Saglibene

Nida Saif

Rosario Savash-Acuna

Kent Schneider

Aidan Schooley

Grace Shellhamer

Mallory Spier

Colin Stevens

Eliana Streeter

Hope Telech

Regan Thompson

Alyssa Torgalski

Ryan M. Van Houten

Nicholas Wandell

Kaylee Welty

Olivia Whispel-Biddle

Andrew Whitmarsh

Grace Whitson

Seth R. Wilsoncroft

Molly Wolf

Delaney Woodhouse

8th Grade Awards

Presidential Award Recipients



Madison Adams
Aaron Aepelbacher
William Aepelbacher
Kiersten Alling
Nicholas Alvernaz
Isabella Antes
Brendan Bachert
Emma Bailey
Matthew Baker
Nathan Baker
Bethany Balster
Alexander Barber
Ashleigh Barker
MacKenzie Barlow
Lily Barr
Alexander Beecken
Hannah Belosky
Palmer Benesh
Deanna-Jade Benjamin
Alexandra Benton
Nikolaos Beschler
Alexia Blitz
Kienan Blitz
Gabrielle Blowers
Andrew Bo
Rose Bolt
Liam Bond
Emily Bonsignore
Chelsea Butler
Tatiana Byrd
Hailey Caccia
Anna Cantando

Katerina Caracci
Cameron Carpenter
Patrick Carpenter
Erin Christmas
Stella Clinton
William Cole
Kylie Comfort
Luke Conway
Tressa Cortright
Sydney Coss
Lyndsey DeLano
Evan DeWeese
Sammi Dong
Chloe Donovan
Madeline Drake
Matthew Eames
Isabel Edmister
Rebecca Edson
Cassidy Fatula
Helen Fayerweather
Cooper Fell
Jack Forester
Lauren Forester
Brenna Gavin
Gracelin Geinitz
Allison Giaconia
Matthew Gillette
Lucas Granger
Justin Grover
Mickayla Gryska
Alexis Guzylak
James Haberstroh

Mackenzie Hampton
Emmett Hanson
Evan Hatch
Meghan Heffner
Emily Henke
Alayna Henry
Britney Hess
Mitchell Hill
Samuel Hotaling
Breonna Insogna
Madaleena Isett
Sulemaun Javed
Elise Johnson
Abbey Kamas
Emma Karpowich
Antonia Kladias
Sophia Kladias
Catherine Koester
Eva Ruth Koratsis
Grace Kuhnel
Paige Kuhnel
Sydney Kuhnel
Catherine Kurniawan
Sarah Lacey
John Laser
Lucas Lawas
Kaylee Levine
Claire Lewis
Nia Lewis
Paige Licursi
Benjamin Long
Riley Loomis

8th Grade Awards

Presidential Award Recipients



Sophia Lotocky
Jessica Luangsuwan
Taylor Malone
Jack Masker
Benjamin Massengale
Makenzie Matthews
Brody May
Noah McCauley
Marin McCawley
Allison McLaughlin
Alexandra McPike
Alivia Micknich
Ariana Miller
Logan Mills
Kaden Morse
Joseph Mucci
Sierra Naples
Emily Nguyen
Matthew Nichols
Brenna O'Brien
Olivia Packard
Isabel Paddock
Haylee Parker
Nathan Parker
Nickolas Parker
Bhavi Patel
Khushi Patel
Angelica Perciballi
Grace Perritt
Elana Perry
Gretta Pesesky
Sara Peterson

Theodore Pribulick
Matthew Printup
Matthew Procopio
Angelina Pronti
Kenady Pulvino
Thomas Rahr
Adrianna Reeves
Bailey Remchuk
Dylan Ribble
Kristina Robbins
Jordyn Robinson
Emma Romanski
Hunter Romeo
Kaydence Ruby
Mariah Ruth
Violet Saunders
Christopher Schillo
Lydia Schooley
Andrew Schrage
Mackenzie Schrock
Abigale Schwab
Artasia Scott
Carly Scott
Aela Shaw
Eric Shelhamer
Joy Shen
Alex Smith
Walker Smith
Landen Snyder
Aisha Spear
Tyler Spicher
Alexander Stevens

Tyler Stone
Nathaniel Tenbus
Riley Tournour
Jocelyn Trimber
Jenessa Trumbull
Andrew VanPatten
Madelyn Veres
Morgan Vrabel
Kelsee Warrick
Ellen Webb
Sean White
Daniel Williams
Morgan Wills
Keagen Winkky
Bryson Wood
Samantha Woodworth
Natalie Yearick

Featuring Student Contributions !

Thank you to Mrs. Horton for helping students develop and revise their work, showcased on the next few pages.



Wonder A Book Review

By Ciana Crout and Grace Shelhamer

Imagine you were born with a disease called Treacher Collins Syndrome. It's a genetic syndrome that affects the head and face. This syndrome includes: down-slanting eyes, notched lower eyelids; the lower jaw is often small and slanted, and many more deformities may exist. Well, in the book *Wonder*, August Pullman had this disease.

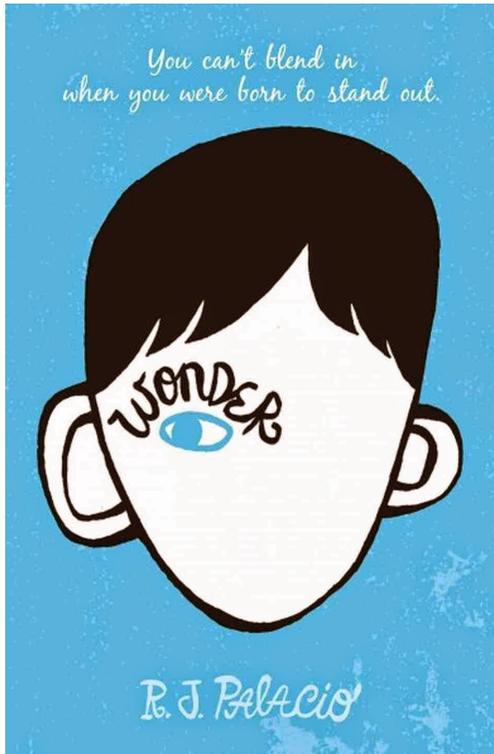
August was home-schooled most of his life because of the syndrome, and he needed 27 surgeries. When August started 5th grade at Beecher Prep, everyone would stare at him. He was really nervous about what everyone would think about him and his face. Before he started school there, he got a tour of the school. He also met Julian, Jack

Will, Summer, and Charlotte, characters who play a big role in his life. As a result of Auggie going to school, he learns that if he puts himself out there, he can make some real friends.

This book can teach people not to judge others by their features. We should always learn about their personality before we judge them. We really like this book because it teaches that important lesson to everyone. We think that kids our age would become kinder, nicer people by experiencing how Auggie felt in this amazing book called *Wonder*.

Citations:

- “*Wonder Auggie’s Condition: Treacher Collins Syndrome (TCS)*.” GradeSaver, www.gradesaver.com/wonder/study.../auggies-condition-treacher-collins-syndrome-tcs.
- “*Characters in Wonder | Wonder*.” Wonder, <https://wonderthebook.com/characters>.



Castaway

By Ethan Decker and Garrett Spencer

We were sitting on the wet sand with the waves crashing against the rocks. We had one food item, one book, and one other person. The book we found among the wreckage was *Holes*. We also found a fishing pole to catch fish. With me is Harry Potter.



We were grateful we found the book *Holes*, by Louis Sachar, because we watched the movie and enjoyed it a lot. Stanley Yelnats, the main character, is under a curse, a curse that began with his no-good-dirty-rotten-pig-stealing-great-great-grandfather and has since followed generations of Yelnatses. Now Stanley has been unjustly sent to a boys' detention center, Camp Green Lake, where the boys "build character" by spending all day, every day digging holes exactly five feet wide and five feet deep in the broiling desert sun. There are two plots in the story, one from present day and one from the past, and they merge at the end of the book to make a surprise ending.

The food item we were grateful for was fish because it has a lot of protein in it to keep us alive, and it was a renewable food source. It is also a food full of Omega 3 oils. We are also grateful for fish because it is a high protein and a low fat food. Fish is also among the healthiest food in the world. Fish also lowers the chance of you having a stroke or a heart attack. We were grateful we had fish because if we didn't we wouldn't have survived.

We are grateful that we found Harry Potter among the wreckage. He is great to be stranded with because, first of all he is a wizard, but he has other useful traits. Such as he is brave, intelligent, and quick on his feet. He's also very persistent and outgoing.

CITATION:

"*Holes* Paperback – May 9, 2000." Amazon. <https://www.amazon.com/Holes-Louis-Sachar/dp/0440414806>. March 1, 2018.

Kids Who Need Help the Most

By Karley Backer and Cadence Bennett



Imagine being just 9 years old and having cancer. There is an endless parade of nurses and doctors who do things that are painful, but at least everything they do is to help you conquer it and live. Now imagine that your parents used all their money and can't pay your medical bills anymore. If you are at St. Jude's, it doesn't matter. The hospital will keep treating you anyways. You have a good chance of growing up.

St. Jude's Hospital leads some of the world's most ambitious research programs in the childhood cancer survivorship. Thanks to improved therapies, 80 percent of children with cancer have become long-term survivors, and they have estimated 420,000 childhood cancer survivors live in the U.S. People are working together to help people with cancer everywhere live longer and healthier lives.

If you would like to get involved you can attend a St. Jude dinner or gala, join a local cycling event, or race as a St. Jude hero. Please help kids stay alive by donating today or supporting the cure.

Citation:

"St. Jude Children's Research Hospital." www.stjude.org.

Women on the Frontline with Men

By Emma Bachert and Kenzie Benson

Some people tend to underestimate what females can do. Like so many other situations that involve both sexes, some people also don't think that women should be on the front lines in war. A brave woman named Katherine Montalbano has actually fired machine guns, disassembled enemy weapons, and searched locals at check points, everything a male soldier does! She was also part of the Lionesses, an early test of how women could handle serving on the front lines. Katherine Montalbano served well, showing, once again, that limiting women limits all of the potential women possess.



Since the Revolutionary War, women have been in war as nurses on the field. In World War II more than 400,000 women served as mechanics, pilots, nurses, and radio operators. Now women can be on the front lines fighting alongside men. The 18 women who became the first to complete Army infantry training in May 2017 met the same physical requirements as their male counterparts. They hurled grenades 100 feet, marched a dozen miles at a time (shouldering heavy packs), and singlehandedly dragged a 268-pound dummy across a battlefield.

In January 2016, the Department of Defense opened all combat positions in the Army, Navy, Marine Corps, Air Force, and Coast Guard to female troops. Since then, many women have signed on for once-forbidden roles.

Citation:

"Women on the front lines", Infobits, *Junior Scholastic*, Dec.11, 2017, Kids InfoBits - Document - WOMEN ON THE FRONT LINES: Nearly two years after the military opened all combat positions to women, what's changed--and what hasn't? .

Stranded

By Cadence Costley, Emily Huntley, Ceaira Myers

Imagine you are on a desert island, and you can only take a few things with you, one food, one book, one person. This is the situation we imagine we'd find ourselves in if we were stranded on Phoenix Island between Asia and Australia.

The one food we would be grateful washed up on the shore would be a huge bin of potatoes. Potatoes offer vitamin B6, vitamin C and iron, and are an excellent source of potassium, which helps the immune system. The B6 vitamin is very good for your nervous system and helps your brain function better. Potatoes also offer high amounts of carbohydrates and calories which provide us energy.

We would pick the book *Percy Jackson and the Lightning Thief*. It is a very educational book; it could help you learn life lessons like, not drinking, smoking or gambling. Percy and his friends got themselves into trouble multiple times. Every chapter in the book changes or adds something new, so it doesn't get boring. There are different monsters in every chapter, which means more challenges and suspense.

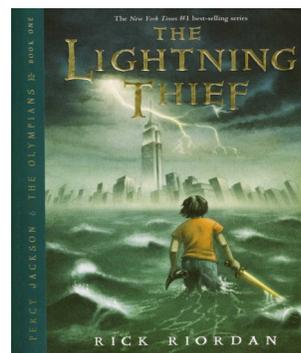
The one person we would want to be on the island with us is Dwayne Douglas Johnson, a.k.a. The Rock. He's strong, kind, and smart. Also it's highly likely that he would be shooting a movie since, he is an actor and producer, so he could save us. His production crew would be there with transportation back to the U.S.A. Plus we might be able to be in the movie too!

Citations:

Jessie Szalay "Potatoes: Health Benefits, Risks & Nutrition Facts" Live science PURCH October 23, 2017 09:49pm <https://www.livescience.com/45838-potato-nutrition.html>https:// March 1rst 2018

"Dwayne Johnson Biography." Biography.com, A&E Television Network, <https://www.biography.com/people/dwayne-johnson-11818916>. March 1, 2018.

Common Sense Media. "Kid Reviews of the Lightning thief: Percy Jackson and the Lightning Thief." 2005, <https://www.common sense media.org/book-reviews/the-lightning-thief-percy-jackson-and-the-olympians-book-1/user-reviews/child?page=1>. 3/1/18.



Advice to Get Your Phone Back

Audreyanna Henderson and Aubryonna Kirkendall

Dear Raider Review Staff,

I had a report card that was not so great. My mom and dad freaked. They grounded me during the week and took my phone. I feel cut off and alone. Do you have any advice to get my freedom and phone back?

Missing My Phone



Dear Missing Phone,

Since your report card wasn't so great, and you want your phone back, you can try to win it back with great behavior. Try helping your mom out with the dishes, cleaning, or even maybe taking care of your animals, if you have any.

If you feel cut off from friends, try to take your mind off the problem. You could do something that you enjoy. For example, you could build things, draw, or shoot hoops. Also, to get your freedom back, you could use manners when talking to your parents, as well as other elders. You could also apologize for your actions, then try explaining what you are going to do differently to raise your grades. Lastly, talk with your parents and ask what other type of things you could do to earn your phone back.

Most importantly, do your homework and study, so your grades will go up. Your parents probably need to see improvement before they give your phone back.

Raider Reader Review Staff

Stop and Think: Is It Worth It?

By Caleb Merrill and Cayden Chalk

Bullying is unwanted, aggressive, or emotionally abusive behavior in and out school against someone who cannot or will not defend him or herself. People who are bullied are sometimes bullied because of their fashion choices, physical appearances, or some other way that makes them stand out as different from “the crowd”. They should not need to change themselves to fit in. We are all born to stand out.

People who are bullied often don't tell an adult because they are scared of making the situation worse between the bullies and themselves. The problem is that nothing gets better by staying quiet and not asking for help. Kids or teens can learn to defend themselves from bullying by using resources such as the friends, teachers, guidance counselors, and especially parents. If a student is scared to ask for help they will never get it when they need it the most.

Kids who know what bullying is can better identify bullying. This is good because then the witnesses can help the victim by telling someone or sticking up for the one being bullied. Do not just stand there; help out because you might end up in the same situation someday.

Citation

“What is bullying”. Stop Bullying.Gov, U.S. Department of Health and Human Services, <https://www.stopbullying.gov/what-is-bullying/index.html>. 3/5/18.



Why Video Games Should Be used In Teaching

By Gabriel Diffenderfer & Jayden Markle

Imagine a math class where you must solve a problem correctly to get to play another level of a video game. Well, solving the problem correctly is something most of us who love video games would do very willingly. It isn't hard to learn when the motivation is there.

Using games in classrooms, or Gamification, can help students learn. Seventy percent of teachers saw an increase in student engagement, in one study, when using educational video games. Since nearly 80% of learners said they would be more productive if their learning was like a game, maybe more teachers should think about adding Gamification to their lessons.



Video games can help reading skills, too. For example, in the game *Animal Crossing*, players become characters who live in a town full of animals. Over the course of the game, they can buy a house, travel from town to town, go to museums, and do other ordinary things. All the while, they're writing notes to other players and talking to the animals. Because kids are interested in the game, they often

end up reading at a level well above their grade, even if they say they don't like to read.

Using games in classrooms can be used to foster feelings of enthusiasm towards the subject-matter, especially in subjects that students struggle with, like math. One teacher says that in her classes, she has struggled to try to get students excited about computer programming or concepts of computer science. By creating a gamified system with rewards, she has been able to see a difference in her classes and students are becoming excited and competitive while learning.

Most gamification systems allow for instantaneous feedback such as leaderboards and dashboards, which students can use to see where they stand among their peers. This information can push a student to try the quiz or activity again to get a higher placement and creates motivation and better learning.

Tiffany Ford. “4 Pros And Cons To Gamified Learning” tophat.com, 2017 Tophatmonocle Corp, <https://tophat.com/blog/gamified-learning/>. Access date 3/5/2018.

Emily Sohn. “What Video Games Can Teach Us” sciencenewsforstudents, <https://www.sciencenewsforstudents.org/article/what-video-games-can-teach-us>. Access date 3/5/2018.

Where Would You Travel?

By: Marcus Brooks and Brendan Santucci



Imagine traveling to one of America's biggest cities and doing fun things like going to Universal Studios. Or, imagine going to see the beautiful Hollywood sign and seeing the view of the city itself. If you feel like spending some money on something, you can take a walk down Rodeo Drive and see their designer clothing stores. How about a walk down Venice Beach to relax? There are just some of the things that visitors can do in Los Angeles (LA).

LA is an awesome place to visit. There are so many things to do. Rodeo Drive is the most fun for people who love to shop and have a good deal of money to shop with. They can buy designer clothes, shoes, purses, or just about anything made by a designer. People can shop at Chanel or Cartier, plus dozens of other one-of-a-kind shops. While walking up Rodeo, let's not forget the Hollywood Walk of Fame.

People can also go to some legendary restaurants in LA. There is Bestia for Italian food, Providence for up-scale seafood, and the Republique, for those with a sweet tooth. The food is said to be amazing, but the wait for a table might make eating there less desirable.

Another huge plus for visiting L.A. is that the weather is almost always sunny in Southern California. So, buy some sun screen; grab your credit card, and head to one of America's most entertaining cities.

Citations:

Lana Law. **16 top rated Tourists Attractions in Los Angeles** <http://www.planetware.com/tourist-attractions-/los-angeles-us-ca-la.htm>.

"Time Out the Contributors and Michael Juliano. *"101 Best Los Angeles Attractions for Tourists and Natives Alike"* September 26, 2016, <https://www.timeout.com/los-angeles/things-to-do/101-best-things-to-do-in-los-angeles>, March 1, 2016.

Six Reasons Why Students Should be Allowed to Have Cell Phones

By Andrew Costas and Gavin Wert

A common argument in every household is about kids having a cell phone and what age that should happen. It is a dispute that is complicated, with many things to consider. Here are a few things parents might think about when they are making this decision:



- 1: With the right app, parents can always check the location of their kids, so they know where their kids are.
- 2: When their kid doesn't have a phone, he or she won't be able to text or call them, if there is trouble.
- 3: Phones provide a great way for socialization with the kid's peers.
- 4: It will help young people develop a sense of responsibility.
- 5: Phones may help kids with their homework. For example, when kids don't understand their Spanish homework they can look up the words on a translator app. Another reason is, if kids need help with their math homework they can look up how to do the problems if they just don't understand.
- 6: Parents who are concerned about what their kids are doing on social media could just go onto their accounts and check what they are doing. Also, there are parental controls available that can limit the times kids can be on the Internet and block inappropriate websites.

Citation:

Joe Mecca. "Seven Reasons Why Students Should be Allowed to Use Cell Phones in school." Kwikboost, <https://kwikboost.com/7-reasons-students-allowed-use-cell-phones-school/>. 3/1/18

Preparing for Disaster

By Gabby Beschler & Cameron Munson

Most people think of Mother Nature as kind and gentle. However, Mother Nature has an evil side that we should be prepared for, such as for hurricanes, floods, earthquakes, and tornadoes. Many people don't know the correct things to do and often make mistakes. Sometimes these mistakes are deadly.

Hurricane Mistakes

- ◇ Not evacuating in time.
- ◇ Not having a “bug-out” bag packed.
- ◇ Not having a plan for pets.
- ◇ Not making medical preparations.
- ◇ Not preparing for power outages.
- ◇ Not securing home.
- ◇ Inadequate emergency supplies.



Surviving a Hurricane

- ◇ Evacuate when told to.
- ◇ Have a “bug-out” bag prepared and waiting.
- ◇ Plans for pets.
- ◇ Stock your home with food and water.
- ◇ Put together an emergency plan.
- ◇ Keep up with the latest information.
- ◇ Board up windows.

Flood Mistakes

- ◇ Drive through floodwaters.
- ◇ Use electricity in a flooded home.
- ◇ Get in the flood water.
- ◇ Not having a plan for pets.
- ◇ Ignore flood warnings.
- ◇ Neglect to assemble a flood safety kit.
- ◇ Leave utilities on and plugged in after you've evacuated.
- ◇ Be improperly dressed



Surviving a Flood

- ◇ Go to a higher ground and avoid areas subject to flooding.
- ◇ If water rises in your home before you can evacuate go to the top floor, attic, or roof.
- ◇ Don't attempt to walk across flowing streams or drive through flooded roadways.
- ◇ Evacuate when told.
- ◇ Be properly dressed, including waterproofed boots.

Tornado Mistakes

- ◇ Ignoring tornado warnings.
- ◇ Wait too long to seek shelter.
- ◇ Looking out the window or opening the window.
- ◇ Not taking it seriously.
- ◇ Taking shelter in the wrong place.
- ◇ Thinking that an overpass is a good shelter for a motorists.
- ◇ Driving away from a tornado.



Surviving a Tornado

- ◇ Go to a windowless room on the lowest level of your house.
- ◇ Get under a piece of sturdy furniture such as a workbench or heavy table or desk and hold on to it.
- ◇ Make sure you have a portable radio.
- ◇ If outdoor go to a ditch or field away from items.

“5 Biggest Mistakes Made During A Tornado Warning.” WIBW. June 15, 2014, www.Wibw.com. 3/1/2018

“18 Common Hurricane Myths and Mistakes that Get People Killed.” PrimalSurvivor, www.primalsurvivor.com. 3/1/2018

“The 9 Worst Things You Can Do During a Flood Emergency.” The Weather Channel. Aug 27, 2017. www.Weather.com 3/1/2018

I can't find words to express my gratitude for all the laughter, kindness, inspiration, and wisdom my students have given me over the past 25 years. It has been a true privilege to be a teacher here at Horseheads Middle School. The following poem is dedicated to all of the amazing adults who helped shape the wonderful young people that have filled my classrooms and blessed my life. - Mrs. Horton



WHEN YOU THOUGHT I WASN'T LOOKING
By Mary Rita Schilke Korazan

- When you thought I wasn't looking, I saw you hang my first painting on the refrigerator, and I immediately wanted to paint another one.
- When you thought I wasn't looking, I saw you feed a stray cat, and I learned that it was good to be kind to animals.
- When you thought I wasn't looking, I saw you make my favorite cake for me, and I learned that the little things can be the special things in life.
- When you thought I wasn't looking, I saw you make a meal and take it to a friend who was sick, and I learned that we all have to help take care of each other.
- When you thought I wasn't looking, I saw you give of your time and money to help people who had nothing, and I learned that those who have something should give to those who don't.
- When you thought I wasn't looking, I saw you take care of our house and everyone in it, and I learned we have to take care of what we are given.
- When you thought I wasn't looking, I saw how you handled your responsibilities, even when you didn't feel good, and I learned that I would have to be responsible when I grow up.
- When you thought I wasn't looking, I saw tears come from your eyes, and I learned that sometimes things hurt, but it's all right to cry.
- When you thought I wasn't looking, I saw that you cared, and I wanted to be everything that I could be.
- When you thought I wasn't looking, I learned most of life's lessons that I need to know to be a good and productive person when I grow up.
- When you thought I wasn't looking I looked at you and wanted to say, "Thanks for all the things I saw when you thought I wasn't looking."

Citation

"Newsletter, Prose, Poems and Other Things". Kids Activities, <http://www.kidactivities.net/post/Newsletter-Prose-and-Poems-for-Parents.aspx>. November 15, 2018.

June Highlights

What to do this last month of school? Take a break from studying for finals and try something new!

4 Hug Your Cat Day!



4 National Cheese Day—Try something new! Stilton anyone?



World Oceans Day

8 World Ocean Day

15 Smile Power Day



17 Eat Your Veggies Day

18 Go Fishing Day

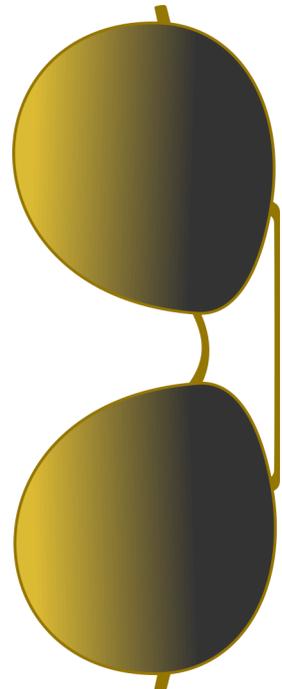


21 Selfie Day



26 Forgiveness Day

27 Sunglasses Day



HMS Honors our Retirees

Ms. Johnson
Spanish

Ms. Horton
Reading

Ms. Sagur
Nurse

Congratulations!

Thank You!



**DISTRICT DIGNITY ACT
COORDINATOR**

The Dignity Act Coordinator (DAC) for the Horseheads Central School District is Megan Collins, director of Human Resources. If there is a complaint regarding discrimination, harassment, or bullying of any student, the complaint should be filed with Mrs. Collins, at One Raider Lane, Horseheads, NY 14845. Her telephone number is 607-739-5601 x 4211.

MIDDLE SCHOOL COORDINATOR

The Dignity Act Coordinator (DAC) for the Horseheads Middle School is Ron Holloway, building principal. If there is a complaint regarding discrimination, harassment or bullying of any student, the complaint should be filed with Mr. Holloway at 739-6357 x 3640 or at rholloway@horseheadsdistrict.com.

NOTICE

The Horseheads Central School District offers educational programs without regard to actual or perceived race, color, weight, national origin, ethnic group, religious practice, disability, sex, sexual orientation, or gender (including gender identity and expression). Inquiries regarding this notice may be made to Megan Collins, Title IX and DASA Coordinator, or Kim Williams, Section 504 Coordinator, Horseheads Central School District, One Raider Lane, Horseheads NY 14845, (607) 739-5601.

